

Class

International students hadachancetoshowoffatthe annual international fair. Pages 6, 7

NEBRASKA STATE HISTORICAL SOCIETY PO BOX 82554 LINCOLN NE

The University of Nebraska at Omaha

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Coming Home



The UNO baseball team opened its season on a winning note historne Rendit Org Page 9 U. S. POSTAGE

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# Algebra Lectures and Labs Available in

By Susan McElligott

Beginning next fall, students may opt to fulfill UNO's algebra requirement in a classroom lecture format instead of in the math lab.

The lab, created about 20 years ago, existed for its first 15 years as an alternative to traditional lectures. In 1990, the math department voted to maintain the lab as the sole method of teaching algebra courses 1310 and 1320, said John Konvalina, a UNO math professor.

Although the math lab has proven an effective way of learning for many students, for others the decision to eliminate lectures has caused frustration and a small-scale exodus to the lecture-based math classes taught at local colleges such as Metropolitan Community College.

"If students want lectures and you don't provide it, they're going to go elsewhere, especially if they don't like math or are scared of it." he said.

"The bottom line is to give students an option," said Larry Stephens, another UNO math professor.

Konvalina said he's heard that sometimes UNO advisers outside the math department suggest to their students to go elsewhere to fulfill the algebra requirement.

"We knew they (students) were getting that advice," Stephens said.

The math professors at UNO also occasionally received complaints from colleagues at other local colleges about the situation, Konvalina said.

Neither knew how many students the department loses to

algebra courses offered at other colleges each year.

Math lab reform was even brought up as a campaign issue in the 1993 Student President/Regent election, by candidate Mike Kennedy.

"We were surprised that he made an issue about the lab. He must have thought it was something students would respond to," Konvalina said.

An article that appeared in the Jan. 25, 1994 issue of the Gateway mentioned the Student Senate's intention to investigate alternatives to the math lab. A subsequent article in the March 8, 1994 issue reported that the Student Senate invited Janice Rech, director of the lab, to address complaints they received from students about the course.

One alternative that evolved, as described by Rech in the March 8 article, was facilitated group learning, guided by a professor or teaching assistant.

"That's one approach, but I don't know if that's going to solve the problem. I think some students just want a lecture. They can't learn in that environment," Konvalina said. "They need an instructor or teacher to guide them through the learning process."

He said the department made the switch to the all-lab format at about the same time that the algebra courses offered in the lab became university-wide requirements.

"Since it became a requirement, we've had more complaints about students wanting a lecture environment; not necessarily about the lab, but about wanting a regular teacher," he said.

At the end of the spring semester 1994, the department decided to have algebra students complete a questionnaire about the lab, Stephens said.

"We asked them, if they had a choice, would they prefer a lecture presentation or a lab?" he said. "Approximately 50 percent said they'd chose a lecture."

Konvalina pointed out that only those who completed the course, not those who dropped out or flunked, were polled.

"Imagine if we'd polled them after a month or so into the semester; we might have seen a dramatic difference in reply, especially in favor of, I suppose, the lecture," he said.

Based on data compiled by the department, Konvalina estimated that about 25 percent of each lab's enrollment withdraws, on the average. He said this rate wasn't surprising. The data also showed that in 1990, the last year that students could chose between the lab and the lecture, the withdrawal rate was higher for the traditional classroom setting than for the lab, he said.

But the results of last spring's questionnaire motivated the department to rethink its current approach to algebra 1310 and 1320, Stephens said.

Up until this point complaints about the lab could be attributed to a "vocal minority," Konvalina said.

Once the math department realized that at least half of the students favored lecture sections, they voted on a formal proposal to offer lectures, put forth last fail.

The proposal won by a comfortable margin, Stephens

"There was strong support for offering some lecture sections," Konvalina said.

See Lab, Page 5

## Missing Music Stands **Baffle Department**

By Molly Jarboe

The UNO music department has lost hundreds of music stands throughout the years. Several theories have been proposed to explain the problem.

James R. Saker, UNO professor of music, said a theory which he likens to the disintegration of radioactive materials can explain the disappearance of the stands. He said that after so many years, radioactive materials disintegrate into two or three different items which are no longer radioactive.

"I think music stands must have a very short half-life, after which they disintegrate into coat hangers," Saker said.

Despite the light-hearted approach Saker has taken toward the problem, he also stressed the seriousness of the situation. He said the music stands are very expensive.

"If you were to buy just one, it would cost you about \$50, and in bulk they are about \$38 each," he said.

The supply has diminished enough to cause Saker's student advisory committee to bring the problem to his attention. Many of the practice rooms do not have music stands, and performers find themselves short when preparing for concerts and performances, he said.

Saker said that several years ago UNO had a problem with a local arts organization "sequestering" a number of stands.

"I called that arts organization and asked that they refrain from adopting our stands," he said.

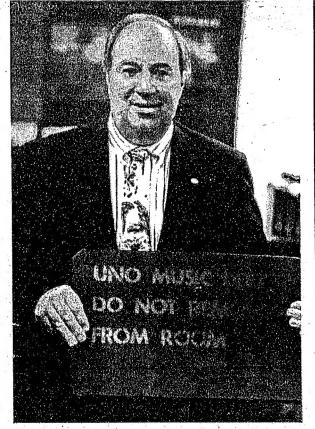
Except for this isolated incident, Saker said that for the most part, UNO students and faculty are very protective of the musical instruments and equipment supplied by the music department. There has been no effort to involve the police in the recent incidents, he said.

Some stands have turned up in various churches around the Omaha area. A student who retrieved one such stand from his church brought it to Saker.

"Property of UNO music department" was tastefully spray painted over in green spray paint," Saker said. "I suspect that someone went there to perform and took a stand, forgot to bring it back and the church just adopted it."

In the past, Saker and a group of students went to churches in the Omaha area and confiscated 30 to 40 stands.

"It's been a couple of years since we've done that, so it may and the second of the second o



UNO music professor James Saker keeps an eye on a prized music stand.

be time for another mercy mission to liberate music stands," Saker said.

Often students and faculty perform in different buildings across campus and stands get left behind. In January, Saker carried back five stands from the Fine Arts Building.

Since music stands are intended to be mobile in order to meet the performers needs, many get lost when moved from place to place, he said.

Any music stands found should be returned to the UNO music department in the Strauss Performing Arts Center. In the mean time, keep an eye open for disintegrating music stands and radioactive coat hangers.

## **UNO Puts Best Foot** Forward with Fair

By Anne Marie Krahulec

Running into walls, obsessive grinning and wrestling with the idea of your life suddenly ending. Most people would consider these symptoms of some sort of intoxication.

On the contrary, at the National Collegiate Health and Awareness Fair it was a common sight.

"It's all about having a good time." said Pam Busburg, recreation graduate assistant at the Health, Physical Education and Recreation (HPER) Building. Busburg took part in the Nortrack display by trying out the equipment.

The fair contained several displays that allowed UNO students to inquire about common health problems, and what they could do to improve their physical condition.

"It (health fair) makes people more health conscious. It is a good thing to have," said Mike Calbert, a representative from Foot Locker.

When asked why Foot Locker took part in the event, Calbert said, "We were asked by Jeff Kuhr (coordinator of the alcohol and drug education and awareness department) to attend. We want people wearing the right kind of equipment while exercising. The right kind of shoes can affect the overall workout. Too heavy of a shoe can cause lower back pain and knee discomfort."

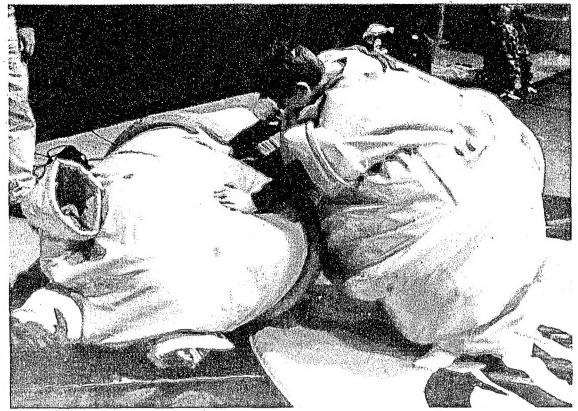
Other community groups who had booths at the fair were the University of Nebraska Medical Center, displaying the services and clinics available through the center; the Student Health Advisory Committee; the Physical Education Organization; and the UNO intramural department.

But what was the main attraction at the fair?

Available for student and faculty use were sumo suits, the Velcro wall and free health screening. Radio personalities Todd and Tyler from Z-92 entertained the

See Fair, Page-5

## NEWS



-Scott Kemp

### You Still in There?

Sarah and Paul Chambers, children of UNO student Ann Chambers, Sumo wrestle at the National Collegiate Health and Awareness Fair at UNO.

# Lack of Time, Support Leads To DSA Director's Resignation

By Terri Grimes

Lack of time and support were two factors in Karen Lassek's decision to step down as director of the Disabled Students Agency (DSA).

Lassek said she wanted to resign because she could not concentrate on her studies while working a full-time job. She also felt the administration did not give the DSA enough support in comparison to the four other agencies such as International Student Services, American Multicultural Students and the Women's Resource Center.

"The stress is more than I like," Lassek said.

The agency needs to have permanent positions for students and people who are not going to school, she said. Lassek said she had to train new people all the time. She said there should be someone who can take the time to train them because she had her own work

Lassek, a junior majoring in social work, said she thinks DSA should have a secretary such as the one in Student Government. Although the position requires 20 hours of work a week, Lassek said it was not unusual for her to work 40 hours in any given week.

Lassek was appointed director of DSA in July 1994.

While director, Lassek's duties included overseeing student work-study programs and programming events. She also developed a newsletter for the agency, she said.

The newsletter had only been out for two or three months before Lassek took over and restructured it. She said she would still like to be involved in the newsletter.

With the help of Janet Flemming and Janet Wacker, Lassek began a disabled support group specially designed for students with disabilities. The support group meets every Wednesday from 1 p.m. until 3 p.m.

Lassek said she could not take all the credit for this program, "It was Wacker and Flemming who came up with the idea."

Staci Croom, the new adviser to the student agencies, said she thinks DSA needs to have more programming, and that seems to be the problem area. Croom said she did not know Lassek was resigning until a few days ago.

Croom said it will be hard to find someone to take Lassek's position, but she is sure another individual is out there.

"The person has to be dedicated and passionate about the job, because this position takes a lot of work," Croom said.

Lassek will continue as DSA director until the administration can find a replacement for the position.

## History Conference Showcases Research

By Jonathan Murnane

The 38th Annual Missouri Valley History Conference was held March 9-11 at the Best Western. The conference, sponsored by UNO, saw historians throughout the Midwest presenting information on various topics.

Students and faculty who attended the conference were able to hear different aspects of history. The speakers were able to answer questions and clarify their ideas.

Tommy Thompson, the manager of exhibits and also a professor at UNO, said the conference is "...basically a way for historians to present research."

Thompson also said many of the papers presented in past conferences have gone on to be published.

The conference included comprehensive coverage of the

following topics: religion, women in history, African-American history, military, journalism, Native American history, technological advances throughout the ages, the evolution of marriage and others.

"I initially went to the conference because it was extra credit for my class," said Michael Douglas, a UNO student. "But it was actually pretty interesting."

Douglas attended a section that included speakers on Native Americans in the military, the Bonus March and Korea.

"It was neat how they took all these ideas, separated by hundreds of years and tied them into the same idea," said Douglas.

The Missouri Valley History Conference, Inc. is a non-profit organization that organizes and manages the conference.

## **NEWS** bits

### UNO Faculty, Staff Go Back to Basics on Break

UNO faculty and staff are invited to go "Back to the Basics" with the annual spring break training program.

The event will be March 22 and repeated March 23 at the Peter Kiewit Conference Center. Dan Seymour, a visiting scholar at UCLA's Claremont Graduate School, will present his lecture "Customer Service is Job One." Other speakers will focus on communication and customer service.

The conference, including lunch, is free, but enrollment is limited to 180 participants a day. Contact the Personnel Office at 554-2321 or stop by Eppley Administration Building Room 205 to make reservations.

### Library Hours Set For Spring Break

The UNO Library will observe the following hours during spring break:

March 19, 1 p.m. to 11 p.m.

March 20-March 23, 8:30 a.m. to 11 p.m.

March 24, 8:30 a.m. to 5 p.m.

March 25, 9 a.m. to 5 p.m.

# UNO Jazzes Up With Great Plains Festival

UNO will present the 23rd annual Great Plains Jazz Festival on Friday and Saturday.

The Steve Rehbein Trio and Showcase UNO will be featured Friday at 7:30 p.m. On Saturday, there will be music clinics for junior high and high school students. The event will finish with the Festival Finale Concert at 3:30 p.m. featuring the UNO Jazz Ensemble performing with guests including flutist Steve Kujala.

All performances will be in the Strauss Performing Arts Center Recital Hall. Tickets are available from the UNO music department.

### Cashiering Office Check Cashing Policy Revisited

The Cashiering Office reminds UNO faculty, staff and students that it cannot cash checks brought to the office by a second party or in departmental deposit bags. The check's writer must be present at cashiering. Call the Cashiering Office at 554-3448 with any questions.

## Student Center Sets Spring Break Hours

During spring break, the Student Center will observe the following hours:

March 17, 7 a.m. to 6 p.m. March 18-19, closed.

March 20-24, 7 a.m. to 6 p.m.

March 25-26, closed.

# **Engineering Open House Slated for Saturday**

UNO's College of Engineering and Technology will have displays, equipment demonstrations and tours during a free open house Saturday from 1p.m. to 6 p.m. in the Engineering Building.

### Correction

In the March 7 Gateway, estimates for Omaha money lost to Iowa casinos during the first year of operation should have been \$200 million to \$300 million.

# OPINION/EDITORIAL

## **'Student Should** Lighten Up'

Dear Editor:

Once again, we have to listen to pathetic drivel from a student (Gateway, March 10) who didn't get what she was expecting. Before Bobcat was in "Police Academy," he was an accomplished stand up comedian. I think in trying to be unnecessarily p.c., you missed the point of the evening. You (student) have to take comedy for what it is and that is simply comedy. If in the process of your routine you happen to step on a few toes, so be it.

The thing that irks me most is this young lady expects an explanation of why SPO sponsored this event. I believe that Bob was a sold-out show, and that most people that I talked to after the concert were thoroughly pleased. If she has a problem with some offensive remarks, maybe she should stay home on the weekends and watch "Full House" and "Family Matters."

Speaking for friends and myself, I think it's about time that SPO got a good headlining comedian. I can only hope that trivial complaints from people who are too sensitive, won't affect future bookings.

Aaron W. Cohen **UNO** student

## 'President/Regent Doing His Job'

Dear Editor:

In yet another break with my traditional policies, I simply must slam on the Gateway for the editorial "Student Regent Should Do His Job," (March 10) which criticized Justin Peterson's decision not to lobby against federal cuts in student financial aid.

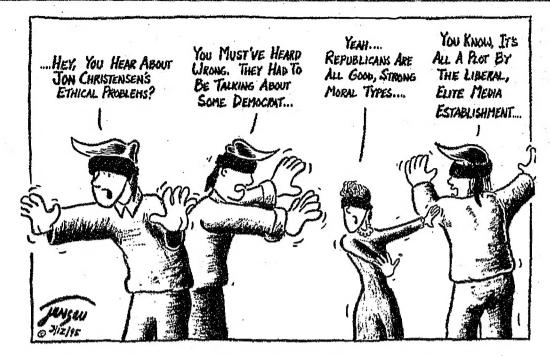
Justin is doing his job. He campaigned on a platform of doing what he thought best for the students of UNO, and he is keeping that promise without pandering to any other interests.

In the last Student President/Regent election, I was the Populist candidate. I promised to do what the students wanted, and I was the biggest loser in Student Government history for the second consecutive year, while a solid majority of those students who cared to vote chose the "trusted leadership" of Justin Peterson. While I disagree with Justin's decision, I stand behind it, because it is his responsibility to make that decision, and not mine.

If any of the 51 percent of UNO students who receive financial aid disagree with Justin's decision, they should write to Bob Kerrey, Jim Exon and Jon Christensen. If any of the 14,000 UNO students who did not vote in our last Student Government election disagree with Justin's decision, they should think more carefully before again spinelessly handing over the responsibility of elected office to anyone.

Stephen D. Srb **UNO Student** 

More Letters, Page 4



# People's Eyes Bigger Than Stomachs

You can learn a lot about people by watching them at an all you can eat buffet restaurant. It's a down and dirty world of no holds barred action. You may have noticed that a change will come over some people when they sign on for a foodorama experience. It turns out that it isn't that they really change, but the outer shellac of polite society is ripped away by that sign that says ALL you can EAT.

Just such a sign made me do a multiple lane swerve in Saturday Dodge Street traffic to hit the Old Country Buffet, definitely one of the ritzier digs in Omaha. Anyone who expects good, quality food for \$4 hasn't really grasped the buffet concept. It's quantity, not quality. You could just have

a vat of gruel as a buffet, as long as it was a BIG vat.

Anyway, I was lured to the Burnhandza shrimp all you can eat buffet, because of course shrimp is Athapascan for "nectar of the gods," and I could spare the extra change for it. I've

found that bad buffet food tastes worse in proportion to the amount of cash you have, because that opens up more choices

Now hold on tight, because this train of thought is going to flip around faster than the plot of "Speed." I have found a practical use for calculus as it relates to society. Here goes: Assume all people like to get something for free. Then they see an all you can eat offer for \$8. Now, in calculus, they have these things called limits that are like sets of numbers that goup as high as you want (I didn't say I passed calculus, quit smirking).

Anyhow, the gist of it is if you divide a finite number (say \$8) by an infinite number (all you can eat), the result is so small it might as well be zero.

And that's why people are such pigs at a buffet: because sub-consciously they are trying to get a very large, very free meal. You can park me snout first in the front of the line, too. My favorite phrase in the English language is "The food is free," with "The leftovers are still good" coming in second. I have a recurring dream where all the waitresses at Denny's look like Pamela Anderson, and they all say, "Hi there, the free leftovers we have are still good."

Apparently, lots of people have that dream. Whenever you see someone at a buffet, they are stuffing themselves silly with

all manner of cuisine. To most people, myself included, all you can eat means all you can possibly eat, not all you want to eat.

I have seen people eat buffet food until they almost got sick and ended up stumbling out food-drunk on the street like a fed tick. It becomes a way to keep score; How many plates did you eat? Did the restaurant lose money on you? It is vitally important to the all you can eat sect that you eat so much that the restaurant loses money by feeding you. Why? The restaurant didn't do anything to us, but there is some perverse pleasure in being the screwer rather than the screwee in this land, even if it costs you a roll of Tums later.

Thank you for keeping your hands and feet in the train of

thought while it was in motion. Now, here's the final destination: Given an infinite amount of resources (remember that calculus?), people will grab all the stuff (pancakes, money, oil, land, power, whatever) they can, not all that they need. It is a rare person that can take only

the minimum they need when they don't have to.

Eric Feeler

Now here's the moral of the story: The world is not an unlimited buffet. There is a finite amount of resources to give everybody. Consider the developed countries of the world as the first 10 people in line. If they choose, they can grab all the shrimp (read: absolutely everything that makes life sweet), leaving just a few for the 90 others behind them. Or they can take a few, so that the others can also take a few. It's called an equalization of resources.

Wait a minute, you say, we were first in line. It's our manager-given right as the lucky first ones in the buffet line to grab all we can, right? Nope. You only take what you need, and leave the rest for those that come later. "Those that come later" can mean either the others that are here now or the kiddies that will come later.

Either way, you cannot afford to pig out with the world's resources any more than you can afford to eat all the shrimp in the buffet when there are no refills. Otherwise, your kids will go hungry and 90 hungry people with steak knives will chase you down and teach you sharing South Central L.A .style, as opposed to Sesame Street-style. This is easy to say, but it may be harder to do, particularly when you're a die hard buffeteer like myself. I'll just have to put my shrimp where my mouth is.

## The Gateway:

Signed Editorials and columns on this page contain the opinions of the authors. The Gateway does not necessarily hold the same opinions.

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From Letters, Page 3

Dear Editor

Never have I been as angry as I was upon reading Mr. Svehla's comments in the March 7 Gateway. He has obviously taken a lesson from some of the leadership in this country. If you can't manage to make a valid point, just personally attack anyone who opposes you. I have to assume, since. Mr. Svehla did nothing to factually support the half-truths perpetrated in the pro-life insert in question, that they were in fact, indefensible. The smugness and self-righteousness of his assumptions was troubling. To insinuate that someone does not think for theirself simply because they disagree with your point of view is childish and akin to name calling. The point of the previous writer was to call into question the decision on the part of the Gateway to include "advertising" that is controversial and in some instances inaccurate. Holding a publication accountable for what they print seems fair. Mr. Svehla seemed to miss this point in his response. Comparing an 11-page diatribe against abortion as an option to small advertisements by Planned Parenthood offering a myriad of health services to women is ludicrous and displays his inability to grasp the issue. His response perpetuates misleading, illogical dialogue on an important topic. I am surprised again at the Gateway's choice to publish.

Laura Zeitz UNO student

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The more alcohol a person has drunk, the less likely they are to protect themselves from HIV infection that causes AIDS. To learn more about alcohol and HIV/AIDS, call 1-800-648-4444.

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# **Abstinence Growing in Popularity**

(CPS) Lakitha Garth decided when she was 11 that she didn't want to be an unwed mother or get sexually transmitted diseases or be on welfare. So she didn't have sex. And won't, until she gets married.

"Any guy that I'm not willing to spend the rest of my life with is not worth my womanhood," said the 24-year-old student from the University of Southern California in Los Angeles. Garth said all that and a whole lot more about the values of virginity in one of the speeches she regularly gives to high school students as a speaker for Athletes for Abstinence.

Tami Daniels, 24, started what she calls a "secondary virginity" after sleeping around in high school and getting gonorrhea and chlamydia twice each. She, too, has pledged to abstain from sex until marriage, although it's been difficult for her

"It's one of the hardest things I've done because I know what I'm missing," said Daniels, who is now coordinating the Athletes for Abstinence speakers program. "I'm not going to lie and say I'm glad I don't have sex any more. But there's a time and a place for it."

In a "just do it" society, Garth and Daniels are among college students who are publically declaring their intention to abstain from sex. As part of the Athletes for Abstinence program, the two women are part of a group of 19- to 31-year-olds who use examples from their lives to spread the message to younger kids that the only safe sex is no sex.

Meanwhile, hundreds of students have joined the True Love Waits campaign, an effort by the Baptist church to link like-minded abstainers who pledge to wait for sex until marriage.

Since the first club was started in a Nashville church basement in April 1993, more than 60,000 True Love Waits clubs have sprung up at colleges, high schools and churches nationwide, many of them in the South.

True Love Waits campaign coordinator Richard Ross said the movement started not from parents or churches trying to dictate sexual behavior to young people, but because sexually abstinent teens wanted to share their values with like-minded peers.

Because it was started by younger teens, Ross said he was surprised when colleges started calling for information about how they too could get involved. At Lewis and Clark College in Portland, for example, students organized a True Love Waits campaign last spring and then followed up in the fall by wearing ribbons to proclaim their pledge.

"True Love Waits has become a counter-cultural state-

ment," Ross said. "It's been a real turn of events: The children of the Woodstock generation have proven to be more bold in their convictions and their lifestyles than some of their parents. They have been willing to step forward with a firm choice."

But while the Woodstock generation talked of "free" sex, today's college students have grown up in the age of AIDS and often describe sex in more cautious terms of "safe" or "unsafe." The World Health Organization estimates that more than 3 million people worldwide have developed AIDS and that more than 14 million people have been infected with HIV, the virus that causes AIDS. An estimated 1 million Americans currently are infected with HIV. New figures released by the U.S. Centers for Disease Control and Prevention show that AIDS has surpassed accidents as the leading killer of young adults

Because students who choose to be sexually active usually have more than one partner over their four years in school, they also risk getting sexually transmitted diseases. People under age 25 account for two-thirds of all STD cases, the most common of which is chlamydia, said the American Social Health Association (ASHA), an STD-prevention group. Using condoms reduces the likelihood of contracting any sort of STD; abstinence, of course, prevents it.

In a world where the wrong sexual encounter can mean a death sentence, sex is simply not worth the risk to some students. In a mid-November speech, the new AIDS czar, Patricia Fleming, recommended that students refrain from having sex to avoid getting AIDS.

"I think kids today have to delay having sex as long as possible to protect themselves," Fleming said. "My advice would be to try to abstain from sex until you find a partner you want to stay with for a long, long time."

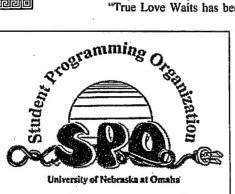
At the same time, though, she said young adults who are sexually active should use condoms and learn about safe sex and disease prevention.

Jeannette Heritage tells her students the same thing. The 64-year-old teaches one of the most popular courses at Middle Tennessee State University, a sex class called "Psycho Sexual Adjustment."

"When we discuss birth control methods in class, I tell my students that abstinence works. Every time," said Heritage. "If you're abstinent, you don't have to worry about pregnancy and disease or the emotional trauma that comes with a broken relationship.

See Sex, Page 8

We're
Looking for
a Few Good
Men and
Women



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3-3-95

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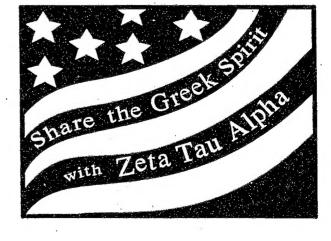
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Lisa Bower
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Erin Dean
Amy Golden
Stacy Hetherington
Dawn Freeman
Tugba Kalatoglu
Teri Klitzke
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Nicole Noble

Angela Overby
Megan Peterson
Kim Quinlan
Anita Ramachandran
Kim Rock
Angela Schindler
Amy Schumacher
Kelly Small
Renee Webb
Nicole Weber

# 'Cultural Education Should Begin at Home'

By Derek Kowal

Those venturing to the Student Center for a speech on African culture last Thursday found themselves as members of a group discussion of the topic.

Ekoka Molindo, president of the African American Organization (AAO), and a member of the royal family of Cameroon, chose an informal approach for the last of his three speeches.

Rather than addressing the group, he chose to divide the audience into six discussion groups and encouraged them to speak to one other.

Molindo's topics ranged from Africa being the birthplace of the human race, to the trans-Atlantic slave trade, to present concerns of multicultural affairs on the UNO campus.

Molindo said he wanted everyone present to take part in the discussion. His goal was, "Not to elevate African culture but to see what has been lost over the years."

He expressed concern over prejudice in

Molindo said he could find elements of popular American and British culture that trace back to Africa.

He told a story about a young slave girl who was repeatedly sobbing during a raid by

"We are condemned to live together. It's our duty to live peacefully."

—Ekoka Molindo, president of the

**UNO African American Organization** 

the United States. He said it's not only between black and white, but he has also experienced it between Africans and Afro-Americans.

"We are condemned to live together," Molindo said. "It's our duty to live peacefully."

slave traders. She was crying because she was injured and would be left behind when her family was taken overseas. He said her sobs were so melodic and full of agony that they moved the slave trader to write down what he heard. Today, those sobs make up the song

"Amazing Grace."

Molindo also mentioned a stone carving found in America that dated back to A.D. 500, which contains a man's face with African features. He said this supports his belief that Africans were here long before Columbus "discovered" America.

Molindo said it's the same thing as if you were playing in your backyard and people came up and said they had found your backyard. He said Africans felt like that.

"America was never lost, so they didn't know they discovered it."

Concerning UNO, Molindo suggested improving education for diversity, and to learn how to understand diversity. He said this should start in the family.

"The education should be in the family. You shouldn't have to go to school to be educated about culture."

From Fair, Page-1

tion department.

"It's fun. It's the best. I want to do it over and over again. They did a really good job, and I kicked butt in the Sumo suits," said Lisa Rose, a student at UNO.

The Sumo suits were large suits that were inflated by pumps which allowed two people to Sumo wrestle. This was a stress-relieving activity, as well as a recreational one.

So how does it feel to be in a Sumo suit? "Tight. The main point is to jump on each other. It's especially hard when you can't see your own feet," said Sarah Chambers, daughter of Ann Chambers, who is a student volunteer at the alcohol and drug awareness educa-

The most popular attractions for most students were the Velcro wall and Todd and Tyler.

When asked if they were going to take part in any of the events at the fair, they said, "We went through that Sumo suit and Velcro wall stage a long time ago. It was a hard habit to kick, but we'll make Beastmaster (their head intern) do it for us."

In rolls Beastmaster in a wheelchair.
"I think I broke my neck on that Velcro

wall thing," said the Beastmaster, as he rolled toward Todd and Tyler.

When asked if the Beastmaster really does

When asked if the Beastmaster really does all his own stunts, he said, "Yeah, people call up and say "He's not doing it. They're blood thirsty."

Tyler said, "That's right, it's not fun until Beastmaster gets hurt."

When asked if they had any comments about the health fair, Todd and Tyler smiled and said, "Don't drive drunk and fly a crop duster. You know it's so hard for a drunk crop duster flyer to find insurance anymore."

Beastmaster rubbed his neck and said, "Don't dive head first into the Velcro wall."

For more information on National Collegiate Health and Wellness Week, or if you have any health questions, please contact Kuhr at 554-3171.

From Lab. Page L

Some were opposed to offering lectures, citing the old adage, 'If it's not broke, why fix it?' Stephens said.

"It's not clear to everybody that it was working," Konvalina said. "If you poll students and get 50 percent that would rather have a lecture, then maybe it's not working,"

Stephens said, "Once it was known that students wanted an option, then we wanted to give them an option."

In the upcoming fall semester, 25 percent of the algebra courses offered for 1310 and 1320 will be taught through lecture. The remaining 75 percent will be taught through the lab, Konvalina said.

"That's what we're starting with; we don't know what's going to happen after that."

A cross section of faculty, including professors, instructors and teaching assistants will present the lectures, he said. Both he and Stephens said they looked forward to teaching these lecture sections.

Stephens pointed out that the lab works well for at least 50 percent of students, according to the questionnaire.

"The ones it worked for, we don't hear from," said Konvalina. "They're content. We hear from the discontented."

expressed dissatisfaction must be taken into consideration.

"If we ignore these students, they'll

He said the needs of the half who

just go someplace else." he said.
"If the students are not here, we're not

"If the students are not here, we're not here," Stephens said.

# HOW TO GET YOUR JOLLIES AT COLLEGE 24 HOURS A DAY.



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# **UNO Students Celebrate With Inte**

# Adjusting to New Cultures Can Be Done

Imagine leaving your family and friends to study overseas, thousands of miles away. The food tastes funny, the weather is nasty and few people speak your language.

Even simple tasks such as locating a pharmacy or dry cleaner may seem daunting.

To UNO's international students, this scenario isn't just hypothetical..

Adjusting to a foreign culture is sometimes difficult, a UNO Counseling Center employee told students at Wednesday's seminar "Coping with Change for International Students."

Ekoka Molindo, an international graduate student at the center, said changes in food, social customs and weather are just a few adjustments foreign students make in the United States.

But UNO can be a "home away from home" to those students, he said, if they speak up.

Coming from Cameroon, West Africa, Molindo was not prepared for Nebraska's cold winters. Although a friend urged him to take a coat to Omaha, Molindo thought he knew better

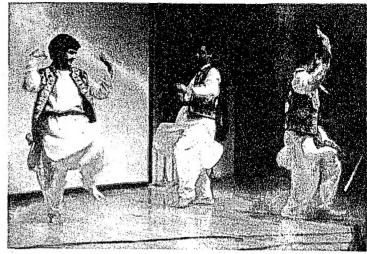
After the temperatures dropped last fall, he mentioned his lack of a coat to a UNO friend and was given one by the University Religious Center.

The Religious Center is just one of several offices on campus that can help international students, Molindo said. Although students are informed about those resources during orientation, he said, questions and problems often arise later. When that happens, "Make your problems known and the university is willing to help," he said.

Help with class assignments, language concerns, immigration and work issues, housing and personal problems is available on campus. Most services are free to UNO students.

The Learning Center is a one-stop place for students seeking help with study skills, course review, test-taking strategies and writing skills. Students can also get a paper





Cesar and Leticia Miranda, left, demonstrate dances from Mexico, while Saleem Azimi, Amin Amini and Gafar Azimi (above) do an Afghan Atan dance.

proofread or learn how to use a computer at the center.

Debbie Kimberlin, learning skills instructor, suggests calling ahead to make an appointment for services. The center is located at the Eppley Administration Building, Room 117, or call 554-2992.

The UNO Counseling Center provides short-term counseling for personal, academic and vocational concerns. Testing services are also available. All visits are confidential. The office is in EAB Room 115, or call 554-2409.

Want to know about area religious services or just looking for fellowship? The University Religious Center offers fellowship, study areas and counseling to students, faculty and staff at UNO and the Med Center. A pizza and movie program is held on Friday evenings at the center. All religions and beliefs are welcome to attend activities and use the center. The URC is at the corner of Happy Hollow Boulevard and Dodge Street, or call 558-6737.

Need to find a place to live? UNO's Housing Referral Service can help. The office maintains current listings of available rental properties, apartment guides, campus and city maps, and tenant rights information. Call 554-2383 or stop by the office on the second floor of the Student Center just north of the Maverick Room.

Sharon Emery, international student adviser, can help answer immigration and work permit questions. Her office is on the second floor of Arts & Sciences Hall, or call 554-2442.

About 500 international students from 60 different countries attend UNO, according to the counseling center.

Molindo said he wants to hold periodic meetings with international students to make them feel more at home at UNO.

"Since I came to UNO, I felt as if I was home because I have been welcomed," Molindo said.

"UNO is like a good family."

The UNO Publications Committee is now accepting applications for the position of

## GATEWAY EDITOR-IN-CHIEF FOR SUMMER AND FALL SEMESTER 1995

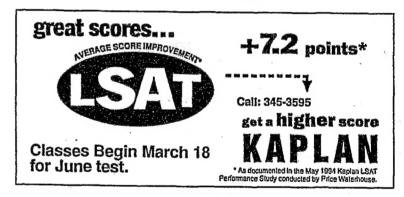
The editor formulates own guidelines for the twice-weekly publication of the Gateway, including content and design. The editor also hires and budgets editorial support staff.

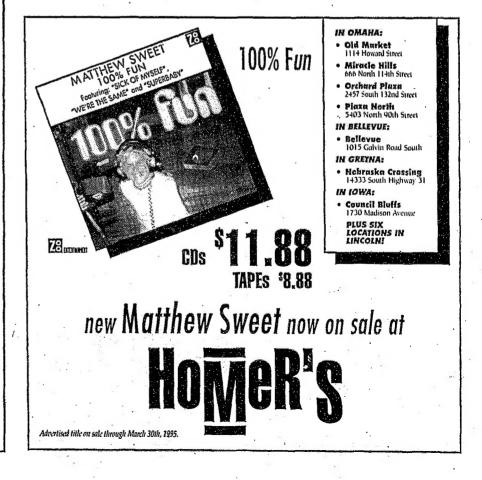
Applicants should have at least one year of newspaper experience and a solid writing and editing background. Hands-on experience with desktop publishing and Macintosh computer skills a must.

## THIS IS A PAID POSITION

Applications available at the Gateway office, Annex 26 and must be returned by 3p.m. Friday, March 31st. Interviews are tentatively set for Saturday, April 8th.

For more information, contact Carol Buffington at 554-2470.





# national Flair



Gary Rush, top left, drums during a Native American dance. Soraya Rahmanzai, bottom left, models her Afghan clothing. Beverly Bauan and Alma Sison, left to right, below, model Philippine clothing. Sumati Viji and Arati Pandit, right. Riyuki Ito, bottom right, models a kimono from Japan. Jennifer Kemp, bottom far right, is a fancy shawl dancer. Story by

**Deb Derrick** Photos by Scott Kemper

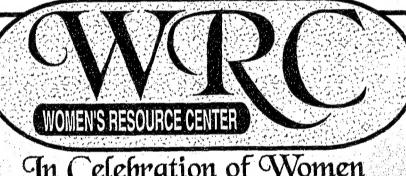












In Celebration of Women

Creative Empowerment Workshop

# MASKMAKING

Saturday, March 18 10am - Noon **HPER 117** 

All workshops are FREE, but you must pre-register to attend by calling 554-2730 (leave a message).

Call the WRC Hotline for updates and more information on Women's Month at 554-2790.

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# Case Sets Precedent for Coed Enrollment

CHARLESTON, S.C. (CPS) — Afternearly five years of legal battles, the Virginia Military Institute may not have to enroll female students, according to a recent ruling by a federal appeals court.

And if the decision stands, officials from The Citadel are confident that the same logic used in that decision will apply to their case as

A judicial panel of the U.S. Court of Appeals for the Fourth Circuit Court voted 2-1 in favor of V.M.I. and the state of Virginia, finding that there are legitimate reasons for a state to run a single-sex, educational institution.

"A sex-neutral atmosphere can seem less distracting to late adolescents in an educational setting where the focus is properly on matters other than relationships between the sexes," wrote Judge Paul Niemeyer in his ruling. "If we were to place men and women into the adversative relationship inherent in the V.M.I. program, we would destroy, at least for the period of the adversative training, any sense of decency that still permeates the relationship between the sexes.

The court's ruling was based in part on

Virginia's proposal to set up a "leadership training" program at Mary Baldwin College, a private institution for women. Although the court acknowledged that the program would not have the tradition of V.M.I., it would provide females with a similar, although not necessarily identical, background in military train-

The state will give Mary Baldwin College \$6.9 million to begin the leadership program if the ruling stands. The appeals panel also stipulated that V.M.I. officials must provide qualified managers and trainers for the new pro-

Major Gen. John Knapp, V.M.I.'s superintendent, said he is pleased with the court's decision and hopes to put the matter behind the school and the state. "We need to move forward with our plans for Mary Baldwin College," he said. "There is a great challenge ahead."

But Marcia Greenberger, co-president of the National Women's Law Center, said that the matter isn't resolved yet. "This ruling goes against the logic of the constitution," she said. "I really can't see how it would stand. The decision is based on illogical thinking."

Judge Dick Phillips Jr., the dissenting member of the panel, called the proposed Mary Baldwin program a "pale shadow" of V.M.I.

Phillips wrote that the motivation behind keeping the school all-male was driven by a "stereotypical view of the proper role and capabilities of women in society.'

V.M.I.'s legal woes began in 1990, when the U.S. Justice Department sued the school on behalf of a woman who was denied enrollment. In 1991, a district court ruled that V.M.I. could remain all-male, but that decision was overturned a year later by an appeals court, who ruled that the state of Virginia could not offer single-sex education for men only. The state was given the option of admitting women into V.M.I., severing all ties with the military institution or developing a similar program for women. After Virginia officials devised the program with Mary Baldwin, the Justice Department appealed the 1991 ruling, saying the proposed program was not comparable to the V.M.I. experience.

The late-January decision by the U.S. Court of Appeals not only clears up V.M.I.'s situation, but may pave the way for a similar ruling for The Citadel, South Carolina's public allmale military institution.

The Citadel is currently appealing a decision to admit Shannon Faulkner, the 19-yearold graduate of Wren High School in Powdersville, S.C., who was accepted to The Citadel after having Wren officials delete all references to her gender on her transcripts. Faulkner was later rejected after Citadel officials learned she was female.

"We would assume that the same thought process that went into the V.M.I. case would apply to our case as well," said Major Rick Mill, spokesman for the Citadel.

Mill said that the school would be willing to pay \$5 million to help set up a training program with an all-female institution, similar to V.M.I.'s arrangement with Mary Baldwin College. But he added: "There haven't been any schools showing signs of interest just yet."

The Citadel's case is currently being reviewed by the U.S. Court of Appeals for the Fourth Circuit Court. The panel includes Judge Paul Niemeyer, who authored the decision on the V.M.I. case.

From Sex, Page 4

"There are a lot of students here who survey reported. think this is a safe environment for sex because this is a small college," she continued. "Itell them that just because someone dresses nicely or drives a nice car doesn't mean they're honest or disease-free. It's a real hard lesson to learn."

Not only does Heritage say more students are choosing to delay sex, but she also knows students who have declared a "secondary" virginity, like Tami Daniels did. She's even had several engaged couples who had taken her class tell her of their intention to stop having sex until they got married.

'Abstinence is more talked about, and I think it may be becoming more acceptable," she said. "Students are beginning to realize that they can make this choice."

Yet while taking a pledge of abstinence may be easy to do, it isn't always easy to live by. Recently, a landmark sex study by the University of Chicago found that AIDS hasn't changed teen-agers' or young adults' sexual behavior. The majority of college-age young adults lose their virginity while still in high school, the survey found.

According to the "Sex in America" survey, which was released late last year, the average age for first-time sex was 17.5 for white females. White males also begin having sex, on average, at age 17.5. Black males start just before 16, and black females begin at 16.5, the

By age 20, 86 percent of men and 77 percent of women have lost their virginity.

"There are more active groups on campus, like fundamentalist Christians and the prolife community, that articulate abstinence as something desirable," said Nicola Beisel, an assistant sociology professor at Northwestern University who teaches about gender and the sociology of sex. "I don't know, though, that more students are choosing abstinence. There are just more who are vocal about it; that's where the change is."

Even students involved with issues involving the danger of sex, such as AIDS awareness, aren't necessarily advocating abstinence, Beisel said. "They talk about other things you can do sexually with people that doesn't include intercourse, things that are safer."

Matt and Vickie, both Florida State University students, have decided together to hold off on having intercourse, even though they are not virgins. Interviewed in the onehour MTV documentary "Smart Sex," Matt, 23, said that they discussed their decision not to have sex and that makes it easy to abide by it. Besides, he added, they already have a satisfying sex life without going all the way.

"It's important to have an emotional bond," said 18-year-old Vickie. "I don't want to have sex, I want to make love."

# AIDS Becomes No. 1 Killer of College Students

(CPS) Last year, the University of Washington distributed 40,000 prophylactics during "Condom Week" to educate students on the Seattle campus about the dangers of AIDS. This year, joining condoms were pamphlets, speakers from family planning and AIDS organizations and face-to-face discussions with health agencies at educational booths-and the week was renamed "Safer Sex Week."

UW's bolstered effort came about the same time that U.S. Centers for Disease Control and Prevention (CDC) in Atlanta announced that AIDS replaced accidents as the No. 1 killer of American adults ages 25

"The university figured information and education and condoms were all-inclusive," said Renee Richardson, a coordinator of the University of Washington's Safe Sex Week. "Last year we tried to be more entertaining to draw students out and invited Dr. Ruth Westheimer. Rather than 'Condom Week,' we wanted a different approach."

National studies have shown one in every 500 college students are infected with HIV, the virus that causes AIDS. But on some campuses, the the rates of infection may be much higher. At the University of Southern California in Los Angeles, college health authorities estimate as many as one student in every 150 is infected. This exceeds the HIV-infection rate among southern California's general population, which is estimated to be one in every 250 people.

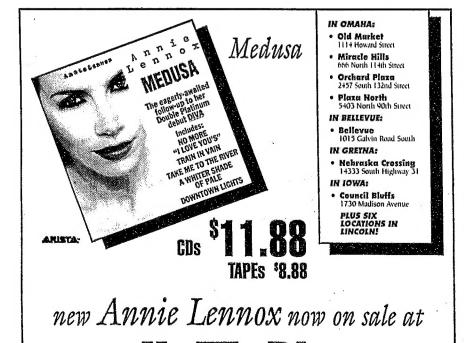
But statistics indicate large city college campuses aren't the only ones affected by AIDS. The CDC said that AIDS now is the leading killer of young adults in 79 U.S. cities, including such places as Springfield, Ill.; Omaha, Neb.; and Tulsa, Okla.

"It was very alarming when we all first heard of it here," said Lori Griffin, a senior education major at Tulsa University. "In high school, it was something none of us knew about."

Statistics, however, indicate the college years pose the highest risk of infection.

"Young people in general are at risk, and college students are definitely at high risk," said Lynora Williams, public affairs director for the AIDS Action Council, a Washington-based advocacy group. "There's often a 10-year period from when people get-

See AIDS, Page 11



## **UNO INFORMATION PHONES**



**Campus Security** 

Faculty & Staff locations

• Campus phone numbers

General information

For your safety and convenience there is at least one CAMPUS PHONE in each major building.

- \* The information operator is ready to assist you. You can also stop by the information window in Eppley Administration Building for information, free notary services, schedules, brochures, etc.
- \* You can also call 911 or Campus Security (554-2648 or 554-2911) from 33 campus pay phones FREE.

Advertised title on sale through March 30th, 1995

# **SPORTS**

# Osler Gives Her All for National Champ Title

By Tim Rohwer

Kim Osler became UNO's first national champion in track and field Saturday when she won the 55-meter hurdles at the NCAA Division II championships in Indianapolis.

Osler, a senior from Omaha Central High, finished in a school-record time of 7.99 seconds, the first time a North Central Conference (NCC) athlete ran the event under eight seconds.

It was also the second straight year Osler earned All-American honors in that event. She finished sixth in the 55-meter hurdles in 1994.

"Everything Kim learned over the last three years, she put into that event," said UNO Coach Tim Hendricks. "It was a beautiful thing to watch."

Osler's performance far surpassed the second-best time of 8.13 seconds by Karlene Haughton of North Carolina's St. Augustine College.

"There was a big gap between first and second place," Hendricks said. "In fact, Kim's time in the preliminary run was 8.10 seconds, so even that would have won the event. Kim's goals, though, were to win the race and do it under eight seconds, and she accomplished both.'

Hendricks said several other runners in the field of 15 started the race as good as Osler, but things changed dramatically at the third hurdle.

"Kim wasn't the first out of the block, and at the first hurdle there were four kids with her. At the third hurdle, Kim just shifted into another gear and I never saw her run the last two hurdles like that before," he said. "After

key to Osler's success, he said.

"Kim really worked hard this past fall. She was determined to give it her best shot this time and it finally happened," Hendricks said. "She's now at peace with herself."

Osler's run helped UNO finish in a tie for 10th place in team scoring with 10 points. There were 41 schools representing 114 ath-

It's a whole different ball game at that level, and when you get 10 or 12 of the nation's best athletes in your event, anything can happen,"

—Track Coach Tim Hendricks.

that third hurdle, I think she felt like she wasn't going to have anybody steal it from her."

Osler won the event in front of 30,000 people in the RCA Dome (formerly known as the Hoosier Dome).

"That place is gigantic and there were all these people cheering and clapping for Kim, though not as loud as I was," Hendricks said. "When Kim finished the race, she just raised her arms and was happy, surprised, maybe a little shocked. There were all kinds of emotions that hit her at once."

Dedication during the off-season was the

letes that competed.

"We felt good tying for 10th place," Hendricks said. "Going into the meet we were ranked ninth, so we weren't too far off."

Abilene Christian University of Texas dominated the team scoring with 67 points, followed by Adams State of Colorado with 38 for second place.

North Dakota State of the NCC and Norfolk State of Virginia tied for third place with 35 points each.

Ashland College of Ohio and Saginaw Valley of Michigan tied with UNO for the 10th spot.

Senior Linda Vondras was the other UNO representative at the meet, but she failed to qualify for the championship rounds in the long jump and the 55-meter dash.

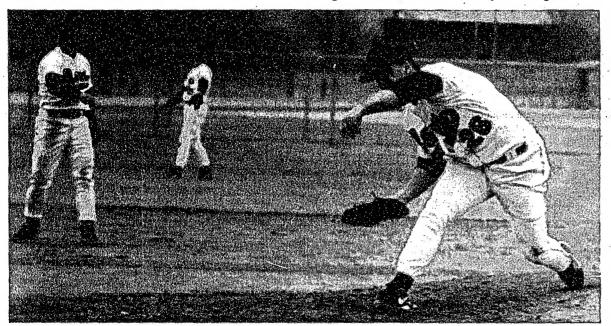
"In the preliminaries, Linda jumped 17.1 feet which was far below her best effort, though nobody really jumped well at that event," Hendricks said. "At a meet that big there's a lot of pressure situations. It's a whole different ball game at that level, and when you get 10 or 12 of the nation's best athletes in your event, anything can happen."

Hendricks said consoling Vondras, in the aftermath of Osler's performance, was difficult.

"I was on an emotional roller coaster. I was happy for Kim, but I had to comfort Linda and that was hard to do, especially when they were standing next to each other," he said. "You want to console one and be happy for the other. That's hard for a coach."

Hendricks said NCAA officials notified him last Monday that freshmen Tina Ellis and Carrie Butler were not selected to take part in

"Tina and Carrie both missed going by one spot," he said. "This year. Tina ran the 55-meter dash in 7.15 seconds, and every year that I've been here that time has always gotten you in. It's very disappointing."



-Scott Kemper

UNO senior Mike Ripa throws warm-up pitches before Sunday's 2-1 win over Doane.

# Mavs a Hit in Season Opening Sweep

By Tim Rohwer

The UNO baseball team opened its season on a winning note over the weekend by sweeping Doane in a doubleheader and blasting Dana in a single game, 10-1.

Senior catcher Tim Hallett was the hitting star for UNO in the opening game against Doane on Sunday, as he belted a two-run single in the first inning providing all the runs the Mavs needed in the 2-1 victory.

In the second game, sophomore outfielder Greg Geary crossed the plate three times to lead UNO to a 4-0 win.

"We had only four singles in that first game, but we hung in there," UNO Coach Bob Gates said. "Hallett had the key hit. That was the highlight of that game."

On Saturday, senior infielder Tom Sullivan and senior outfielder/pitcher Dave Vallinch each drove in two runs to lead UNO to the rout over Dana.

Juniors Troy Charf and Chris Irsfeld and senior Ethan Anderson held the Vikings to just five hits with the only blemish being a home run by Dana in the ninth inning to prevent a shutout.

The games were played on the Mavs' field at College World Series Park at 82nd and D Streets.

The Mavs got off to a hot start in the opener against Doane when senior outfielder/pitcher Joe Daneff opened the first inning with a single to left field. After junior infielder Russ Hamer walked, Geary moved the runners down the bases with a sacrifice bunt.

That set up Hallett's key blow as he hit a single to left center off Doane's John Bowers, scoring Daneff and Hamer.

"It was a fastball outside and I waited back," Hallett said. "In the past, I would swing too early, but this time I waited until the last second to swing. You get a better pop that way."

The Mays had a chance to increase its lead in the second inning when senior infielder Bill Ryan walked, then stole second base with only one out. Bowers got the next two UNO batters out to end the threat.

A UNO error helped Doane move closer in the third inning when it got on the board.

Infielder Dallas Murphy started the visitors' rally by hitting a grounder to Ryan at short who threw the ball high over first baseman Mike Sullivan. Murphy ended up at second base on the play.

He scored when the next batter, Heath Staples, hit a single to right center to make the count, 2-1.

Staples eventually got to third base after two outs, but the scare ended when Doane's left fielder Blake Waltke grounded out to Mike Sullivan.

Doane made another threat to tie the game when it got a

Sec Note: Page 10:

## No. 2 Mays Face date of the land of the la Creighton University

By Tim Rohwer

The UNO softball team will play a pair of "fun" games Wednesday against cross-town rival Creighton.

"It should be a lot of fun," UNO Coach Mary Yori said. "They know us and we know them, and they want to beat us and vice versa. I played at Creighton and was an assistant there. My sister, Connie, is the head basketball coach there. We want to win, but it's something

The doubleheader starts at 3:30 p.m. at the Jays' field at 22nd and Webster Streets.

The Mays, ranked No. 2 in the NCAA Division II. enter Wednesday's action at 4-3, while Creighton, a Division I team, is 10-4 after beating Southeast Missouri and Detroit Mercy at a tournament in Orlando, Fla., over the weekend.

"Creighton is a real good challenger for us, but they're beatable if we play good games," Yori said. "The top 10 teams in Division II are fairly close to their

UNO prepared for its clash with the Jays by winning three of five games last weekend at a tournament in Joplin, Mo.

"I was hoping we would do better, but it wasn't a huge disappointment," Yori said. "Only one game, Emporia State on Friday, did we play poorly. The other four we played well."

On Friday, the Mavs started the two-day event by blasting Southwest Baptist, 12-2. Then came the Emporia contest and UNO lost 8-1.

"It was an awful game. We just made a lot of errors and we weren't mentally sharp," Yori said.

After UNO tied the score at 1 in the second inning, Emporia broke the game open with three runs in both the third and fourth innings.

"I guess every team will have a game like that during a season. I just we got it out of our system." Yori said.

Later that day, the Mavs bounced back and beat fourth-ranked Central Missouri State, 6-5.

"We felt good about that win because it came right after the Emporia game," Yori said. "We were able to rebound and that's a plus."

Sophomore pitcher Tracy Carey drove in three runs and freshman infielder Mindy Hahne drove in two runs,

See-Softball, Page 11

## SPORTS

# **UNO Lacrosse Team Sticks to Tight Schedule**

By Tim Rohwer

The UNO lacrosse team is now busier than ever.

Almost every weekend, the lacrosse Mavs play in a tournament to promote the school and the sport.

On April 1-2, UNO will play at the Iowa State University tournament, followed by a similar event at Mankato State on April 7-8. Tournaments at the University of Nebraska-Lincoln (UNL), Kansas University and St. John's in Minnesota are also scheduled this spring.

In late February, UNO played in an eightteam event in Kansas City.

"We're pretty busy," said Steve Haney, president of the club. "It's tough to travel to all these places, but we have to do that to get these other schools to realize who we are. If we get our name known, then maybe those schools will come here."

There are 25 students in the club, which is in its second year, Haney said.

"Membership is about the same this year as last, and recently there was a woman

who called about playing," he said. "We don't have a women's team, though there is one at Lincoln. I know enough about the game to coach a women's team if one got started."

UNO certainly doesn't back off from playing big schools. Last fall, the Mavs beat UNL in a game at Al Caniglia Field and played tough against Kansas State at the Kansas City tournament.

"We played three games at that meet and though we lost all of them, players from the other teams seemed surprised how well we played," Haney said. "They thought we would be pushovers, but we played them well. We played one game after another and we didn't have much gas to go the distance. We were beat by the time we went home."

Minnesota, Iowa, Iowa State, as well as UNL, are other major schools UNO is expected to play this spring.

Haney, a senior majoring in business, said he began playing lacrosse eight years ago.

"I really enjoy lacrosse, and it's a great way to get rid of tension. It's a good feeling to whack someone with your stick and know that you didn't hurt him. It gets your blood going and you forget everything," he said.

Long a popular sport on the East Coast, lacrosse is being played by more Midwest-erners, Haney said.

"It's really growing here in the Midwest. In fact, there are 15 colleges in Minnesota that now play lacrosse," he said. "I think within five years, all the high schools in Omaha will be playing it."

Lacrosse is played on a field similar in size to a football field with the objective being to get the ball, usually a hard tennis ball, into the opponent's goal, Haney said. No tackling is involved, but players can hit their opponents in the front shoulders with their sticks to gain control of the ball.

Players wear helmets, leather palm gloves and arm and shoulder pads.

"There's more action in lacrosse than football," Haney said. "It's a lot like hockey."

Lacrosse started hundreds of years ago on the East Coast and that's where the strongest college teams are with Princeton, North Carolina and Baltimore's Johns Hopkins the annual powers, he said. "The game was developed when the Mohawk Indians on the East Coast played it to prepare for battle. They played it to train for battle and had 10,000 participants to a side with the goals eight to 10 miles apart," Haney said. "Even today in women's lacrosse, there are no boundaries. They can run as far as the stadium allows them."

Haney said there's no deadline for anyone who wants to join the team and that some equipment is available to wear for tryout purposes. Students who sign up would have to buy their own equipment.

"When we have the buying power of seven or eight guys purchasing at once, we always get a better deal," Haney said.

The players also must pay for the transportation costs to the tournaments, though the team, through fund-raising events, helps pay for some expenses.

The team practices from 9:30 p.m. to 11 p.m., every Monday and Thursday in the UNO Fieldhouse or on the football field if weather permits.

"If anybody is interested in joining, the best thing to do is to come to our practices and watch us," Haney said.

From Note, Page 9

runner to third base with two outs in the sixth inning. The Mavs again survived when Doane's Justin Kuntz hit a slow dribbler that Hallett retrieved and threw to Mike Sullivan for the final out.

Doane infielder Matt Rice got an infield hit in the last inning, but with two outs, was picked off in a rundown to end the contest.

Freshman Mike Kros, who pitched the first four innings before being relieved by Daneff, was the winning pitcher for the Mavs. Senior Mike Ripa, who came into the game in the last inning, got the save.

Bowers, who went the distance giving up only two runs and four hits, was the losing pitcher.

"Doane played a good game and Bowers really kept us off-balance with his

pitches," Gates said. "But, I'm pleased with our pitching, too. We look OK."

Hallett added, "We're coming along good and doing what we need to do, though, we need to hit more line drives. We're hitting too many pop-ups right now."

In Sunday's second game, Tom Sullivan drove in runs in the first inning with a single and in the fifth with a double, and Vallinch pitched four scoreless innings for the win.

Against Dana on Saturday, UNO got things going in the top of the second inning. (The Mavs were the visiting team in this contest because the game was switched from Dana's field due to wet grounds.)

With one out, Vallinch reached first on a bunt single down the third-base line and moved to second on a hit by Ripa. Tom Sullivan, Mike's brother, then doubled to left scoring Vallinch and Ripa for a 2-0 lead. UNO scored a run in both the third and fifth innings, but really broke it open by scoring three times in the eighth inning. (Since it was a single game, the contest went nine innings. Doubleheader games are seven innings each.)

Hamer opened the eighth by doubling to right, then moved to third on a sacrifice bunt by Geary. After Hallett walked, Vallinch singled to left scoring Hamer.

Dana catcher Jeff Dyrda then threw the ball wildly as Vallinch was stealing second base. Hallett not only scored, but Vallinch reached third and scored when Mike Sullivan hit a sacrifice fly to the outfield.

UNO scored three more runs in the ninth before the Vikings scored its only run on a homer by Lee Heimes in the bottom of the inning.

"Our defense really played well and

helped the pitchers get out of a jam a few times," Gates said. "Being the first time out on the field, I'm satisfied with the team. We just have to play more games."

The Mays will be on the road for the next two weeks, including Wednesday at the University of Nebraska at Kearney, and Thursday at the University of Nebraska-Lincoln.

From March 20-25, UNO will play in the Wilson Classic at Joplin, Mo. Scheduled opponents at that event include Central Missouri State, Minnesota-Morris and Missouri-St. Louis.

The Mays' next home doubleheader is March 29 against Wayne State.

UNO begins North Central Conference action April 7 with two games at South Dakota.

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GREYHOUND AND COACH



See-Softball-Page-9-

including the game winner in the last inning, to lead the Mavs against Central Missouri.

"Right now as a freshman, Mindy is batting over .500. She'll be a very good player as time goes on," Yori said. The Mavs completed the Joplin tournament by splitting a pair of games on Saturday.

UNO beat Central Oklahoma, 6-1, in the opener, but fell in the second game to Wisconsin-Parkside, 1-0.

"We had a nice win against Central Oklahoma, which is a good quality team," Yori said. "Against Wisconsin-Parkside, we just didn't hit the ball well. We had five hits, but we couldn't put them together. Parkside will probably be ranked when the next ratings come out." Yori said the 4-3 record is what she expected when the season began.

"We have a good nucleus of players returning from last year, but we have so many new players, too, and I thought we would start slow. Hopefully, we'll come around," she said. "Right now, we need to start winning these one-run games."

On Thursday, the Mavs travel to Orlando, Fla., for a week of games against teams from around the country. Among the teams UNO is expected to play are Kentucky Wesleyan, Ohio University, Florida Southern and Mankato State of Minnesota.

"This is probably the toughest schedule since I've been here," Yori said. "But, if you want to be the best, you have to play the best.'

UNO plays its first home game of the season March 28 against Central College of Iowa at Claussen-Westgate Field.

## SPORTS shorts

### Football Team Needs **Donors for Drive**

The UNO football team will hold a blood drive Wednesday in the UNO Fieldhouse from 9 a.m. to 3 p.m. While walk-ins are welcome, people with appointments will be given priority.

### Skokan, Parham Named **Most Improved Players**

UNO junior center John Skokan and Mankato State guard Paris Parham have been named as the most-improved basketball players this past season by North Central Conference officials.

Skokan was also an honorable mention selection for the allleague team.

The 6-10 center led the conference in rebounding (11.8 per game) and blocked shots (2.5 per game).

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and murder followed.

the pandemic started.

15 to 30 years old."

from AIDS, Page-8

the virus (and die) so the people getting infected are

other sexually transmitted diseases, few students

claim to use them on a regular and consistent basis,

according to American Social Health Association.

A national study of sex practices taken last year by

the University of Chicago indicated only 10 percent

of Americans with one sex partner used condoms

regularly. The information also showed only 30 per-

cent of Americans said they used condoms at any

died from AIDS. Meanwhile, about 32 per 100,000

died from accidents. Cancer, heart, disease, suicide

In 1993, about 35 of every 100,000 young adults

More than 441,000 Americans have gotten AIDS

since 1981, and more than 250,000 have died, the

CDC said. Worldwide, health officials estimate that

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# Therapy Proves Dog Is Man's Best Friend

AUSTIN, Texas-University of Texas social work professor Leslie Wind has found truth in the saying a dog is man's best friend.

That is why she chose to use a 95-pound golden retriever named Johnny in therapy for patients in her clinical practice, and now for students in her classes.

"If you're feeling tearful, he will come lie at your feet. If you're yelling, he'll back off and lay in the middle of the room," Wind said.

Wind, who brought Johnny to two of her classes for the first time in late February, always has used the dog at her clinical practice, located at Westlake Psychotherapy Center. She said Johnny is good therapy for her patients, and she hopes he will have the same effect on her students.

"From what I saw today, students are more comfortable in making eye contact with Johnny than they would with a teacher, which is very soothing for them," Wind said. "They also feel more relaxed in learning, and this is a real positive influence." She added that Johnny also should be able to ease a little of the stress graduate students face.

Stephanie Lerner, a graduate social work student, said she has been feeling anxious lately. After being around Johnny, her anxiety turned to comfort.

"I am a huge dog lover, so for me it was really good having him there," Lerner said. "In a way he distracted me, though, because I wanted to be on the floor playing with him the whole time. I'm excited he'll be there, though, because he adds that warm element to the class.

Kate Wambach, an assistant professor in the School of Social Work, said using dogs can be very effective, but it really depends on the individual person.

"For certain clients, it can be very calming," Wambach said. "When used appropriately, it can be a mechanism for making environments less stressful, and it helps to establish an atmosphere when intimate details of one's life can be discussed and worked on.'

Wambach said she has seen significant results in using dogs for therapy, especially in nursing homes.

"It really helps to draw out the client. A lot of the time, people are not very interactive, but when the dog is around, they'll open up and start interacting with it," she said.

Wind describes golden retrievers as "very gentle, sensitive, highly trainable and wanting to please." Before Wind purchased Johnny from High Mark Kennels, he was a champion

She said that Johnny is able to tolerate many attitudes and has a personality that is able to fit into the calm environment of a clinical practice.

'My anxiety really goes down in treating difficult patients with Johnny. It is very reas-

suring to have him around. He knows he has to be calm at work," she said. People call Johnny "Mr. Mellow," Wind said, because he is so calm.

Wind said one of her patients, who often tries to harm her ill brother, is schizophrenic. But because the patient likes animals and is gentle with them, Wind said she uses Johnny to show the child how to treat her brother.

"There is really a distinct change with kids. I have never had a child say to put him out," Wind said. "By the end of the session, they are all over him."

Wind said she consults her patients to find out if any of them are allergic to or afraid of animals. And she does not use Johnny as part of therapy if patients have an objection to the procedure.

"I hope this is a statement about the creative ways we are able to provide treatment," Wind



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